

A1 ONLINE LEARNING

<u>Monday AM</u>	<u>Tuesday AM</u>	<u>Wednesday AM</u>	<u>Thursday AM</u>	<u>Friday AM</u>
<p>Counting game/Dressing game http://www.crickweb.co.uk/Early-Years.html</p> <p>Musical chairs/ Musical statues</p> <p>iPlayer Something Special Series 9 https://www.bbc.co.uk/iplayer/episodes/b006m8q4/something-special (PLAY EVERY DAY)</p> <p>Fine motor skills – sorting blocks by colour and size into different containers. Build with blocks</p>	<p>Memory game Place 14 cards out – Josh has to find the match</p> <p>SNAP</p> <p>Simon says</p> <p>What’s difference – change something obvious in the room by adding something unusual and get Josh to guess what it is.</p> <p>We are going on a bear hunt: https://www.youtube.com/watch?v=lou5LV9dRP0</p>	<p>Wake up Shake up: https://www.youtube.com/watch?v=AKlid_e-loE</p> <p>Ball game – thank you – roll and thank the person who sent it.</p> <p>Sit opposite – roll ball between other persons leg to score (try to block)</p> <p>Yoga https://www.youtube.com/watch?v=nmPI3QC95r0 https://www.youtube.com/watch?v=ypF6Vz6gJ7A</p>	<p>Using a balloon</p> <ul style="list-style-type: none"> - Balloon tennis - Keepys Upsy (keep the balloon in the air not touching the floor) <p>British Sign Language https://www.kidadl.com/articles/family-learn-british-sign-language</p> <p>Sing and sign Mr Blue Sky https://www.youtube.com/watch?v=u6l4Xytw2_I</p>	<p>Snakes and ladders</p> <p>Hula hoop dancing https://www.youtube.com/watch?v=ncYX6ALV9h4</p> <p>Arts and crafts https://www.parents.com/fun/arts-crafts/</p>
<u>Monday PM</u>	<u>Tuesday PM</u>	<u>Wednesday PM</u>	<u>Thursday AM</u>	<u>Friday PM</u>
<p>Make Toast – slice a banana/Nutella or chocolate spread – one slice only</p>	<p>Play outside – ball games, football, basketball etc.</p>	<p>1st Week - Mushrooms Go on a walk and look for wild mushrooms. Prepare mushroom soup</p>	<p>Go for a walk – try walking sideways, backways, eyes closed, tip toes, heels.</p>	<p>Free Play</p>

		<p>2nd week – Leaves Go for a walk and look for dry leaves. Eat salad leaves Make leaf lantern</p>	<p>Make movements like animals – frog, butterfly, elephant, kangaroo, snake</p> <p>Shoes and socks off – try to pick socks up using toes only. Marching to https://www.youtube.com/watch?v=vnCV6OQOZTA</p>	
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Other ideas

<p>Increasing Independence</p> <p>Get Up and clean Wash your face Brushing our teeth Washing our hands: Getting dressed • Choose your own clothes • Put on your clothes Develop fine motor skills by zipping coats, buttoning shirts</p>	<p>Health and Wellbeing</p> <p>Exercise – at least 30 mins a day; all of the below are loved by the children</p> <ul style="list-style-type: none"> ☐ Gardening – plant seeds, clean up the outdoor space, water plants ☐ Hide and Seek ☐ One mile a day walk
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Social Interaction

📄 Lego/building blocks

📄 Dominoes

📄 Jigsaws from 4 – 20

📄 Jenga

📄 Racing cars

📄 Playdough/Plasticine

📄 Bubbles

📄 Balloons/Balls

📄 Marbles

- Art projects – painting, Paper Mache, colouring

- Card Games: Snap, Old Maid, Uno

- Use playdough to follow the playdough disco hands warm up - <https://www.youtube.com/watch?v=DrBsNhwxyzgc>

- Salt dough to make models: 2 cups of flour, one cup of salt, one cup of water and mix – bake items in the oven

- Hand games: rock, paper & scissors; thumb war; clap games

- Family games – snakes and ladders, Connect 4, board games

- Object permanence games – hide and seek, find the object

- Observing your environment – eye spy, What's changed in the room

- Listening – sign the song, what animal made that noise